

Spa Rituals

Baia Deep Relaxing Signature Ritual

50 MIN \$200 | 80 MIN \$230 Unwind a moment of peace while harnessing the power of Aromatherapy Associates oil blends with heated Himalayan Sea Salt stones. This highly relaxing ritual will ease and restore the muscles, soothing the mind and body.

Sea Holistic Ritual

An ultra-relaxing body treatment with a warm and gentle oil blend. This ritual will eliminate tension knots one by one, restoring the balance of the body, combining multiple strokes with a relaxing scalp massage with a hair mask and foot massage and contrast therapy and volcanic stones.

Detox Bamboo Ritual

An invigorating wellness ritual that includes a powerful exfoliation continued by a specialized bamboo massage technique to tonify, smooth and detox the body while indulging in an aromatic experience.

Mom To Be Ritual

120 MIN \$280

This relaxing ritual starts by pampering the body with an essential hydrating facial. Followed by a unique and special massage using a safely formulated rose renewing lotion to relieve stress and tension. Lastly, a calming facial infused with rose, soothing and hydrating the skin of the mom to be.

Body Beauty Treatments

Satin Shimmer Exfoliation

50 MIN \$165

An invigorating treatment with a sea salt crystal scrub that exfoliates and refines the skin texture. This moisturizing massage reveals a radiant, toned and firm skin.

Sea Legs Revival

30 MIN \$105

A remedy for tired legs. The treatment begins with exfoliation and a refreshing cooling gel wrap while stimulating the scalp massage. A draining massage technique that eliminates the toxins, bringing a sensation of lightness and relief.

Baia Body Signature Polish

50 MIN \$165 | 80 MIN \$185 Our signature dry skin brushing followed by a marine scrub combined with a mineral moisturizing massage for a beautifying treatment leaving the skin soft and silky.

Coastal Body Wrap

60 MIN \$175 | 80 MIN \$195 A full-body treatment combining massage techniques with a marine wrap to refine the skin. This cocoon treatment is based on the esthetical technique of heat wrapping, leaving the body beautifully relaxed and rehydrated.

Well-Being Massages

Ultimate Pregnancy Massage

50 MIN \$195 | 80 MIN \$225 Indulge with prenatal pampering and gentle bodywork. A full-body, side-lying massage using special and safe techniques to help soothe common aches and pains. For expectant mothers past their first trimester.

Ocean Waves Massage

50 MIN \$165 | 80 MIN \$195 Our signature therapy creates a journey to a calming experience and an ultimate relaxation to the body by targeting superficial muscles while improving the blood circulation.

Deep Sea Massage

50 MIN \$185 | 80 MIN \$215 Our therapists focus on working on the areas of stress help to relieve the muscular tension using forearm and elbow techniques by releasing accumulated stress from the deepest layers of the muscle tissue.

Baia Waters Signature Massage

This signature massage provides relaxation to the body, eliminating the tension by implementing massage techniques with the benefits of an invigorating treatment performed to de-stress, detoxify and tone the body.

Wellness CBD Massages

Re-energizing Massage

Designed to ease tension and unravel tightness in tired muscles. This full body treatment uses CBD oil infused with Bitter Orange, Grapefruit and Juniper Berry, coupled with a handcrafted bamboo roller to reinvigorate the deeper layers of the muscle.

Deep Relaxation Massage

50 MIN \$ 195 | 80 MIN \$225 A deeply restorative full body massage that helps with sleep, using CBD oil infused with Jasmine, Helichrysum, Roman Chamomile and Himalayan Sea Salt Stones to calm the nervous system. This ultimate sensory journey leaves the mind and body in a state of peace and relaxation.

Rejuvenating Massage

This full body treatment designed to calm and refocus a busy mind, also implements scalp and foot massage by using CBD oil infused with Ginger, Black Pepper and Frankincense, renowned for their anti-inflammatory and soothing properties. A sensory journey that creates total inner self awareness and relief.

Facials

Express Hydrating Facial

30 MIN \$125

A facial designed to cleanse and exfoliate the skin along with a purifying – hydrating marine masque formulated to enhance the radiance of the face.

Baia Signature Solutions

50 MIN \$165

A cleansing, nurturing treatment that moisturizes and effectively targets the blemishes of the skin for a smoother and fresher complexion.

Brightening Radiance Facial

50 MIN \$175

This ultra-comprehensive, anti-aging treatment starts by pairing a 20% acid facial peel and a soothing masque rich in OLIGOMER to reduce dark spots and smooth the wrinkles.

Age Repair Facial

50 MIN \$185

Focused on the firmness of the skin, this facial activates the circulation and prevents the signs of aging while including a unique dual layering of intensive masks. A special combination of lifting, plumping and firming massage techniques that deliver instant visible results.

City Life Facial

Anti-Pollution treatment that provides all the benefits of the sea to detox and revitalize the skin. A break from the harmful effects of the pollution by eliminating the signs of fatigue, brightening the complexion and rehydrating the skin.

Advanced Facials

Calming

50 MIN \$195

A high concentration of botanical extracts combined to soothe inflammation and reduce redness in compromised skin.

Clarifying

50 MIN \$195

Detoxifying treatment that purges skin of impurities and rebalances congested skin resulting in a clear, glowing complexion.

Age -Defying

50 MIN \$195

Designed to address signs of aging and sun damage resulting in restored firmness and repaired luminosity of dull, tired skin.

Brightening

50 MIN \$195

Enhanced luxury brightening treatment that refines and provides radiance to the skin by using a potent antioxidant

Nails

Spa Manicure

45 MIN \$55

The Spa manicure begins with an oil blend soak followed by a moisturizing scrub on the hands to eliminate dead skin. After nail shaping, cuticle care and buffing are expertly groomed, a revitalizing cream is massaged into the hands.

Spa Pedicure

50 MIN \$75

The Spa pedicure begins with an oil blend soak followed by a moisturizing scrub on the feet to eliminate dead skin. After nail shaping, callous & cuticle care and buffing are expertly groomed, a revitalizing cream is massaged into the feet.

Nails Add-Ons Shellac Removal 20 MIN \$20

Shellac Upgrade 30 MIN \$35

Hair

All prices starting at (depending on length and hair amount)

Bang Trim	\$25+
Deep Conditioning	\$60+
Gents Haircut	\$60+
Ladies Haircut	\$80+
Blow-dry Only	\$80+
Touch up roots	\$105+
Updo	\$125+
Ladies Cut & Blow	\$150+
Blow-dry & Curl	\$160+
Partial Highlights	\$230+
Hair Botox	\$230+
Extension Removal	\$240+
Full Highlights	\$320+
Balayage	\$330+
Keratin	
Extension Application	\$410+

Make Up

PRICES UPON REQUEST
Bridal
Special Occasion
Halloween
Holidays

Enhancements

Customize your spa experience with one or more of our extras. These must be booked with a treatment and will be incorporated into your treatment time.

***These prices exclude taxes.

TREATMENTS

CBD Infusion	\$25
Aromatherapy	\$25
Scalp Massage	\$25
Back Detox	\$25
Hand & Foot Revive	\$25
Himalayan Sea Salt Stones	\$25
FACIALS	
Eye Treatment	\$25
Lip Youth	\$25
Gua Sha Lift	\$25
Chemical Peel	\$25
Cold Stones massage	\$25

How to Spa at Baia

The Spa at Baia Beach Club experience awakens the senses, revives the body and renews the spirit. We warmly invite you to enjoy our spa facilities so arrive early, stay awhile and drift away.

Hours of Operation

Spa 10:00 AM - 6:00 PM Sunday - Thursday | Gym 24/7 10:00 AM - 7:00 PM Friday -Saturday

Scheduling

To book a curated spa experience, please call us directly at 305.514.1950. A credit card will be required upon booking. If you prefer a male or female therapist, please make your gender request when scheduling. Our treatments are tailored for guests aged 18 years or older. Guests under 18 receiving a salon service must be accompanied by a parent or guardian.

Arrival

We recommend arriving 15 minutes prior to your scheduled appointment for a leisurely check-in process. A late arrival will result in a shortened treatment out of consideration for the next guest. Early arrival is suggested to make full use of our relaxation facilities. To maintain the serenity of the spa, we ask that you turn off your mobile phone upon arrival.

Cancellations

Should you need to cancel your appointment, a 24-hour advanced notice is required. Cancellations received within that time will be subject to a cancellation fee equivalent to the full price of your services to the credit card provided at booking.

Purchase Policy

Unopened products may be exchanged within 14 days of purchase with the original receipt. We cannot exchange opened products. All sales are final on promotional and discounted items.

Service Charge

For your convenience, a 20% service charge will be automatically applied to the final bill. Additional gratuities may be added at your discretion. Prices and services are subject to change.

The Baia Gift of Wellness

Give the gift of relaxation. Gift cards are available year-round and valid for use on treatments, services and retail.

For special promotions please contact the spa front desk at 305.514.1950

